

Quick List of Bendigo Harriers Cross Country Runs 2023

Date	Run	Location	Distances
9 th April	Dragon Mile	Bendigo	Mini Mile, Mile
15 th April	Spring Gully Oval	Spring Gully	500m, 1km, 3.5kms
22 nd April	MCG	Mandurang Oval	500m, 1km, 3km, 5km
29 th April	University Invite	Latrobe Uni	1km, 3km, 7.5km
6 th May	O'Keefe Challenge	Heathcote	Varied
13 th May	Crusoe #7	Granter St, K'Flat	500m, 1km, 3.2km, 6km
20 th May	Peppercorn Park	Longlea	500m, 1km, 3km, 6km
27 th May	St Anne's Winery	Belvoir Park	500m, 1km,4km,8km
3 rd June	White Hills FC	White Hills	500m, 1km, 3km, 5km
10 th June	K n Q	Victory College	500m, 1km, 4km
17 th June	Rifle Range	Rifle Range	500m,1km, 3km, 6km
24 th June	Notleys Res	Whipstick	500m,1km,3km,8km
1 st July	White Hills FC	White Hills	500m,1km,4km,7km
8 th July	Vahland Road	Emu Creek	500m,1km,3km,5km
15 th July	Harriers Invite Trivia Night	Mandurang Sth	500m, 1km, 4km, 8km
22 nd July	Sedgwick Hall	Sedgwick	500m, 1km, 3km, 5km
29 th July	South Inv	Woodvale	1km,3.2km.6.4km
5 th Aug	Wildflower Drive	Strathfieldsaye	MYSTERY.....
12 th Aug	Guys Hill Rd	Strathfieldsaye	500m,1km,3km, 6km
19 th Aug	Crusoe #7	Granter St, K'Flat	500m,1.2km, 3.5km, 7km
26 th Aug	Glen Allen	Woodvale	TBC
2 nd Sept	MCG/Break Up	Mandurang	500m,1km,3km,5km
3 rd Sept	Run 4 Dad	Bgo Racecourse	TBC
9 th Sept	Uni Half	Crusoe #7	1km, 3km,7k, 14km, 21kms